

## **August 2006 Our Experience with MonaVie & our Autistic Child**

Let me tell you how MonaVie has touched my life. I am the father of 8 year old triplets B/G/G, one of whom has autism. My son was diagnosed with autism 6 years ago and I thought his life was over. We consulted with doctor after doctor, and even traveled around the state to try and find help for our son. After trying everything the doctors recommended, we did not see any change in our son's condition. We sought out the best therapist and tried to enroll him in a special program in our public school district. After numerous meeting with the school and therapists, we decided to pull him out of public school and home school him. This was a huge responsibility on my wife and was rewarding to see his academic achievement. But, the one thing he was lacking in was social interaction and awareness of others. Being home schooled put a huge deficit in an area he was already lacking in. So we decided to move to another county and try a new special education program to try and recapture the socialization deficiency our son had. During the first year back in public school, there was regression in the skills our son had already mastered. We opted to request for a one on one personal aide to help our son focus on academics and engage in more social settings with regular education students. This was very challenging due to his lack of communication skills. In the summer of 2006 my family was introduced to MonaVie. With huge skepticism because of all that we have been through, I decided to try a bottle of Active MonaVie without telling anyone. I started feeling great, had more mental focus, and was not nearly as tired as I was before. I decided to give my wife a bottle of Active and have her try it to see if it would help her bad hip and back. She had been in 2 car accidents over the last 4 years resulting in a broken hip and bad SI joints in her back causing large amounts of inflammation. She noticed a difference after 1 week. She started decreasing her medications and eventually stopped taking them all. After these huge successes, we started doing private research on MonaVie. We found that it was helping all kinds of conditions and parents were having huge success treating ADHD. (For those who don't know ADHD is on the Autism spectrum) We decided to try our son on a bottle of Original MonaVie to see what results we would see. We saw some improvements with speech and mental focus but not a huge amount. My wife decided to research MonaVie Active to see what the different ingredients were and why our son did not see huge results on the Original. She found out that the Active contained essential fatty acids and glyconutrients. These ingredients were deficiencies in children with autism. Because of the autoimmune disorders most autistic children have, these were key nutrients that their bodies needed. Once we started our son on the Active he did a 360 degree turn around. He is now speaking full sentences and has much better mental clarity. We have received reports back from Speech and OT therapist that have asked what are we doing that has created an explosion of growth and communication in our child. Our son has is now being mainstreamed into regular education for Language Arts and Reading, five days a week. This is something we never thought he would be able

to accomplish. By the end of the second nine weeks they want to mainstream for Math too!

Update 2/16/07 Our son is doing so awesome. Attended yet another IEP meeting to find out-starting next school year(Aug 07) our son will be completely released from the autism program at school and placed in a VE classroom. He will continue to attend an regular education class for Reading, Language Arts, Lunch and specials. He is on grade level in all academics, and has even scored one of the highest on his Dibbles test in regular ed reading. We have been speaking with several different families lately about the success of Monavie and their children. Every child is different when it comes to dosage, so depending on your childs metabolism, he or she may need more or less.

*Timothy and Katheryn Hartigan*

Here's some info I've found on **MonaVieMoms.com**:

Posted: Nov 13, 2006 12:45 AM

Msg. 9 of 44

Hi I have a nine year old autistic son that has been taking Monavie for a month now. I can't believe the results that we have had in just this short of time. He is now using descriptive words something he has never done .We are actually having some real conversations now!!! He seems so much happier and peaceful he can actually concentrate and sit still for more than a few seconds! He is also sleeping something he has never done from the time he was born. He averages about 5 to 6 hours a night if I'm lucky but since taking Monavie he actually has slept for 12 hours one night. I awoke and was scared out of my mind I immediately thought something was wrong with him!!! I have now begun to write in a journal so I can keep up with his progress. Everyday is now filled with hope and excitement he does or says something new everyday. It is almost like having a baby that is beginning to talk. He did not talk until he was almost five so this is very exciting for us . This product is the miracle the we have been praying for. I can't wait for what the future now holds for him and others who have been diagnosed with such a heartbreaking illness. I hope now that I can help other families who are going through this horrible nightmare!!!!

Jennifer Pittman

Posted: Nov 21, 2006 11:14 AM

Msg. 16 of 44

Hi, I am a MonaVie Distributor and I have a 5 yr old autistic daughter. We are giving the original formula to her. Since we started her on it, she has become very verbal and descriptive and saying things we have never heard her say before. She has been getting well rested because she is not waking up in the night as much as she used to.

She has been engaging in imaginary play which is wonderful. She has been interacting well with her 7 yr old sister and they have been playing well together. Another thing we have noticed is that she has been trying new foods that she would not eat before due to the texture or for whatever reason.

She is doing a lot less stimming and tantruming these days too. Also, her teacher called and told us that she was doing very well socially in school and was beginning to form relationships and was initiating conversations with her classmates.

I don't know what it's doing for her other than boosting her immune system and perhaps eliminating some yeast overgrowth in her intestinal tract. I think it may also be helping her eliminate other toxins in her body as well. But, whatever it is...it IS working and we will be keeping her on it.

Posted: Dec 7, 2006 09:33 AM

Msg. 22 of 44

Hello everyone,

I am new to Mona vie and this website. I found this information very helpful. I have started my 9 year old son on Mona vie as well. He was diagnosed with autism at the age of 3 yrs. At the age of 10 they reversed that diagnosis. He still demonstrates some autistic behaviors as well as some ADHD and OCD behaviors and has anxiety issues at times. I am hoping that we both benefit from Mona Vie. I would love more testimonies about kids with Autism. I am in the process of getting a book published which I wrote about my sons life. I am continuing to do more research to keep other parents informed of anything that might be a benefit for their kids.

Thanks, Judy

Posted: Jan 3, 2007 01:20 PM

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Mayo, FL is located about 65 miles nwest of Gainesville. We are on US hwy 27. Halfway between gainesville and Tallahasee FL. I started my 2 year old on MonaVie. i gave him 2oz of active with 1 splenda packet per ounce to help it go down. i used a syringe. My husband and family is a believer now! Within 48 hours, the fussing and emotional outbreaks stopped. We took him to the movies and he sat through the whole movie without crying. He ate at a loud restaurant and sat there through the whole meal and talked to us...even repeated the three little pigs nursey rhyme story start to finsh...asked me not to carry him..he wanted to walk...this never happens in a crowd of people...very happy with a twinkle in his eye...he even put on a puupet show at home for us with us looking at him..he never wants anyone to look at him and used to loudly say to people "don't look at me" ..major change...he looked at a little boy in public the other day and said "Mommy that boy is looking at me and i looked at him" ..no fuss...no complaint...this is an answer to my prayers!!!!WE are on the way to recovery!!!!He is sharing with his brother during play and no fussing!!!!I am definitely

sharing this with my autistic children's parents...it is working for son!!!

Posted: Jan 16, 2007 03:05 PM

Msg. 31 of 44

Hey Janice!! My 11 year old son has ADHD and has been taking Monavie for about 4 months. I have seen a tremendous difference in him. He is much more calm. My mom used to work as a nurse in a clinic that dealt just with ADD/ADHD, so I have learned so much through her and through research. One of the biggest problems with ADHD is they are very impulsive. I have seen a huge difference there too. He is still currently taking his meds., but over the summer I would love to take him off them and have him strictly on Monavie. I am giving him the original now, but because he is so active in sports, I would love to put him on the Active. I hope I have been a help. Good luck!!  
Cristan

Posted: Jan 24, 2007 07:39 PM

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Just wanted to give an update about my 7 year old son, Caleb. He has a diagnosis of Down Syndrome, ADHD, SID and possibly other undiagnosed challenges. I began giving him the MV Active due to the benefits for his loose joints and low muscle tone. He started on it on Dec. 29, 2006. Started with 1/2 ounce and now up to one ounce in the morning.

Gradually, we got him off his Adderall. He is a totally different child now!! No awful side effects. His special ed. teachers are documenting his progress from an academic standpoint as well as his behavior. I am so thankful for his progress. His OT is very impressed with his progress as well. His speech has improved, he is more calm now and can focus on the task at hand so much better.

I have seen significant results in me as well with regards to the reduction of my Candida overgrowth from yeast due to hypothyroidism. I have renewed strength and am detoxing much better. My digestive system is eliminating much better. I feel less toxic each day and with less "brain fog."

Blessings,  
Paulette

Posted: Feb 5, 2007 01:35 PM

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Two of my parents who have autistic children have been giving MONAVie for 3 weeks now. Both have had success. One child is starting to become aware of environment and responding to mom leaving room at night for bedtime. Child even aware of massage on hips. Mom stopped massaging hips and child put mom's hand right back on the spot where she was massaging. The other child participated in sing and dance at school in a group of children for first time in school. The teacher was in tears and could not believe it. In therapy, both children are more aware and responding with eye contact.

One child caught a ball for the first time with 2 hands without turning head. Eye contact and focus so much better. Speech for both children is improving.....their minds are engaged with tasks.I will continue to recommend this to my patients. Both are on the ACTIVE blend. After speaking with another OT friend, one child she knows is taking 2 oz Active 3x day with food snack. The mom believes the snack helps it work longer. Good luck. It has been working for my OT children who I have in therapy. Both parents are tracking new successes every day.

Posted: Feb 13, 2007 10:00 AM

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I have another success story. One of my patients in OT who is a teen age Aspergers child started Monavie active-2oz in morning and 2oz in evening. Within 3 days, mom called me to order more. Child told mom he feels calmer and his stomach does not hurt like it was hurting. His mother described nighttime as very difficult as child usually has meltdowns and irritable. He had no trouble calming down for bedtime, and although he took it later at night (possible kept him awake) he did not fret. He went to sleep and actually slept a little later in the morning. Mom said this never happens. He is always up at the same time no matter when he went to sleep. I asked his mom to keep a behavior journal for me so that I can share it with others. Mom stated she is going to try to take him off all his meds as he drinks the juice longer. This child has other diagnoses as well-OCD, Bipolar, ADD-HD. I am so excited for this family as well as my other families. I will keep you posted.

**Nicci and Tanner**

Nurse and Student

St. Mathew, South Carolina

United States of America

Our son Tanner began exhibiting developmental delays, odd preoccupations, and ritualistic behavior at age 2 ½. He was diagnosed with high functioning autism and Sensory Integration Dysfunction shortly after his 4th birthday. We began aggressive intervention immediately, doing research as quickly as we could.

After consulting with physicians, occupational therapists, and behavioral interventionists, we started a 35 hour a week intensive Applied Behavior Analysis in home program. This program was the backbone of Tanner's treatment for the next 2 ½ years. In addition to ABA, we also treated Tanner with chiropractic, cranio-sacral massage, dietary intervention, treatments at the Sensory Learning Institute in Oak Brook, IL, and worked closely for 1 ½ years with Dr. Jeff Bradstreet, a leader in the field of biomedical intervention in autistic spectrum disorders.

Now at age 7 and in kindergarten assisted by a shadow/helper, Tanner is doing extremely well. He has made giant leaps towards normal functioning and our hope is

that he will someday be indistinguishable from his peers. He does still exhibit, however, deficits in sociability, pragmatic language, cognitive processing, and has unusual preoccupations and play habits.

While Tanner is a success story, I am continually looking for additional therapies that will improve his functioning level and continue him on his path to recovery. I first considered starting Tanner on Acai Blend juice after I saw the dramatic impact the juice had on Christi Godwin, the daughter of a close friend of mine. Christi's story is amazing. She has long been afflicted with multiple issues, most troubling being attention deficit disorder, and obsessive-compulsive disorder. After starting to drink the juice Christi's improvement was astonishing. When I saw this I decided to give it a try with Tanner. Between 3 and 4 weeks after I started Tanner on the juice the feedback from his teachers and shadow at school became increasingly positive. They reported that Tanner was becoming more social and showing more interest in the other children. They also reported that he was absorbing new concepts more quickly, and showing greater independence in his schoolwork. At home we noticed that Tanner was decidedly more verbal, making more observations and asking more questions. We also noticed that he began to show more interest in playing with his sisters and was less inclined to go off by himself and hyper focus or engage in pointless repetitive activities. Overall, he just seemed calmer, more engaged, and more in touch with the world around him. Of course we were thrilled and incredibly thankful. These improvements have continued and even increased as Tanner continues to take the Acai Blend daily.

I am thoroughly convinced that in order for our bodies and minds to function optimally we must be fueling our bodies with the necessary nutrients we all need. I have had mild irritable bowel symptoms over the last 3 years and am plagued with seasonal allergies and sinus problems. Since starting Acai Blend I have experienced dramatic improvement with my irritable bowel issues and am rarely taking over the counter allergy/sinus meds, which I used to take almost daily. I also used to feel tired and would get very sleepy in the afternoons. I have had greatly increased energy since starting the Acai Blend and rarely feel in need of a nap.

After watching the improvements in my son and experiencing great improvements in my own daily functioning it makes me wonder---how many of our common complaints--low energy, weight issues, joint pain, digestive problems, allergy issues, attention and learning issues in children, etc.etc. ----could simply be because we are not supplying our bodies with optimal nutrition in our highly processed on the go typical American diets? I truly believe that Monavie is a wonderful way to improve anyone's nutritional status, which can only result in greatly improved mental and physical performance.